Optimization of deacidification process for *Morinda citrifolia* extracts using packed column of calcium carbonate

Nur Hafiza, Z., *Maskat, M.Y., Wan Aida, W.M. and Osman, H.

Food Science Program, School of Chemical Sciences and Food Technology, Faculty of, Science and Technology, Universiti Kebangsaan Malaysia, 43600 Bangi, Selangor.

Abstract: A study was carried out to optimize the deacidification process for noni (*Morinda citrifolia* L.) extract using packed column of calcium carbonate. The experiments were based on a 3-level factorial design to study the optimum process of deacidification for *M. citrifolia* extract. The *M. citrifolia* extract was treated with CaCO₃ packed in different column diameter (20, 25 and 30 mm), height of calcium carbonate (0, 0.5 and 1 cm) and feed rate (10, 30 and 50 ml/min). Physico-chemical characteristics which include pH, titratable acidity, turbidity, total polyphenol content and total soluble solids were measured. Results showed that only pH, titratable acidity and turbidity could be well represented using statistical models. For pH, only the effect of height of CaCO₃ was found to be significant. While for titratable acidity and turbidity, effects of diameter column and height of CaCO₃ were significant. The optimum conditions for the deacidification of *M. citrifolia* extract was by using a column diameter of 30 mm, CaCO₃ height of 1 cm, and a feed rate of 50 ml/min.

Keywords: *Morinda citrifolia L.*, deacidification process, calcium carbonate, response surface methodology (RSM)

Introduction

Noni or Morinda citrifolia is a small evergreen tree or shrub in the Rubiaceae family. M. citrifolia is a native plant in Southeast Asia throughout Australia and is being cultivated in Polynesia, India, the Caribbean and central and northern South America (Dixon et al., 1999). Extract of *M. citrifolia* has been used for generations in traditional therapy (Goh et al., 1995). Although M. citrifolia is widely used in traditional therapy, many people avoid consuming M. citrifolia because of its odor. Fruits have various odors, with some varieties being virtually odorless (McClatchey, 2002). The ripe fruit of M. citrifolia was reported to exude strong rancid-like unpleasant odor (Morton, 1992; Dixon et al., 1999). The unpleasant odor of M. citrifolia extract was reported to have been contributed by medium chain fatty acids such as capric, caproic and caprylic acids (Norma et al., 2004). Farine et al. (1996) reported that volatile components of M. citrifolia extract consist of carboxylic acid (83%), alcohol (5%) and ester (3%). As the reported contributing compound for the unpleasant odor of M. citrifolia is acidic in nature, manipulation of the acid content may provide M. citrifolia extract. Deacidification is a process that has been used to reduce the level of acid in food systems. Currently, there are three common chemical methods of deacidification, which consist of addition of calcium carbonate, ion exchange and electrodialysis (Vera et al., 2003). It is possible that the increase in pH may be due to the neutralization of acids and producing salt as has been reported by Vera et al. (2003). Norma et al. (2004) suggested the use of activated charcoal powder was able to reduce the levels of caproic, caprylic and capric acid in M. citrifolia extract. The addition of calcium carbonate was reported to have reduced the titratable acidity level and increased the pH of *M. citrifolia* extract. In addition, using CaCO₂ also reduced the undesirable odor and improved panelists' perception of M. citrifolia extract (Sharmella et al., 2005). Thus, the aim of this study is to optimize the column diameter, height of calcium carbonate and feed rate during deacidification of M. citrifolia extract using packed column of CaCO₂.

an opportunity to improve the undesirable odor of

Materials and Methods

Juice extraction

Fresh *M. citrifolia* fruits were obtained from Serdang, Selangor, Malaysia. The maturity stage chosen was stage 4 where the fruits were 80 % mature, yellowish and pale in color. Whole fruits were washed using running tap water. The washed fruits were cut into small pieces approximately 3 cm thick, added with distilled water at a ratio of 1:1 (water: fruit) and blended using a food blender (National, Malaysia) for 3 mins. The blend was filtered using a cotton cloth and centrifuged at 10,000 x g for 30 mins at 5°C (Rivera et al., 2005) followed by a second filtration also using a cotton cloth. The *M. citrifolia* extract was stored at 4°C prior to deacidification.

Preparation of CaCO₃ packed column

Glass columns with different diameter sizes of 20, 25 and 30 mm with a length of 30 cm were used. Each column was fitted with glass wool at the bottom to act as a support for CaCO₃. CaCO₃ (Sigma Aldrich, USA) with a purity of 99.9% was placed in the column at different heights (0, 0.5 and 1 cm). *M. citrifolia* extract was pumped into the column using a peristaltic pump (Model SP311, VELP) from the top of the column. Three feed rates (10, 30 and 50 ml/ min) were used to pump the extract was subsequently analyzed for pH, titratable acidity, turbidity, total polyphenol content and total soluble solids.

pH value

The pH values of the treated *M. citrifolia* extract were measured by pH meter (Model PHM 210, Radiometer Analytical) which was calibrated using pH 7 and pH 4 buffers. Measurement of pH value was done at room temperature using 10 ml of sample extract (Kirk and Sawyer, 1991).

Titratable acidity

Titratable acidity was measured using the method of titration. Acidity was expressed as g of citric acid per 100g of extract. These tests were done with 5 ml of sample using NaOH 0.1N and phenolphthalein as indicator (Kirk and Sawyer, 1991).

Turbidity

Turbidity was determined using Spectrophotometer (Model Spectronic 20 PRIM, Secomam) by measuring the absorbance at 580 nm. Distilled water was used as a reference (Sin et al., 2006).

Total polyphenol content

Total polyphenol content was determined using

the Folin-Ciocalteu reagent (Shahidi and Naczk, 1995) using epicatechin acid equivalents (EAE) μ g/ml, which contains sodium phosphomolibdate and sodium tungstat. The epicatechin stock solution was prepared prior to use.

Total soluble solid

Total soluble solid was measured using a handheld refractometer (Model ATAGO, Japan) with a range of 0-50% Brix.

Experimental design

The experimental design and statistical analysis were performed using Design Expert Version 6.0.10 (Stat-ease, Inc) software. The experiments were based on a 3-level factorial design. A total of 32 experiments including four replications of the center point and replication of other points were carried out in random order. The level of factors used in the experiment is shown in Table 1. Models were considered a good fit if the model was significant (p < 0.05), had an R2 value of more than 0.75 and had an insignificant lack of fit. The optimum condition for the deacidification of M. citrifolia extract using packed column of calcium carbonate was determined using numerical optimization. The optimization criteria used were minimum titratable acidity and turbidity while the pH value was set for maximum.

Results and Discussion

The model and analysis of variance for five response variables i.e pH, titrable acidity, turbidity, total polyphenol content and total soluble solids are presented in Table 2. From Table 2, it is shown that only the response surface model developed for pH, titrable acidity and turbidity, fits the model well. The high R^2 values (>0.75) for pH, titratable acidity and turbidity indicate a good agreement between the experimental results and the theoretical values predicted by the model (Weisberg, 1985). Whereas the other two responses i.e total polyphenol content and total soluble solids showed low R² values. The lackof-fit test showed insignificant lack-of-fit (p>0.05) for pH, titratable acidity, turbidity, total polyphenol content and total soluble solid. Based on the results in Table 2, models of the other two parameters, total polyphenol content and total soluble solid showed that they did not satisfactorily fit the model and thus did not represent the experimental data adequately. The coded and actual models for pH, titratable acidity and turbidity are presented in Table 3.

pH value

Table 4 shows the model coefficient for pH

Std	Column diameter (mm)	Height of CaCO ₃ (cm)	Feed rate (ml/min)
1	20.00 (-1)	0.00 (-1)	10.00 (-1)
2	25.00(0)	0.00 (-1)	10.00 (-1)
3	30.00 (+1)	0.00 (-1)	10.00 (-1)
4	20.00 (-1)	0.50(0)	10.00 (-1)
5	25.00(0)	0.50(0)	10.00 (-1)
6	30.00 (+1)	0.50(0)	10.00 (-1)
7	20.00 (-1)	1.00 (+1)	10.00 (-1)
8	25.00(0)	1.00 (+1)	10.00 (-1)
9	30.00 (+1)	1.00 (+1)	10.00 (-1)
10	20.00 (-1)	0.00 (-1)	30.00 (0)
11	25.00(0)	0.00 (-1)	30.00 (0)
12	30.00 (+1)	0.00 (-1)	30.00 (0)
13	20.00 (-1)	0.50(0)	30.00 (0)
14	25.00(0)	0.50(0)	30.00 (0)
15	30.00 (+1)	0.50(0)	30.00 (0)
16	20.00 (-1)	1.00 (+1)	30.00 (0)
17	25.00(0)	1.00(+1)	30.00 (0)
18	30.00 (+1)	1.00 (+1)	30.00 (0)
19	20.00 (-1)	0.00 (-1)	50.00 (+1)
20	25.00(0)	0.00 (-1)	50.00 (+1)
21	30.00 (+1)	0.00 (-1)	50.00 (+1)
22	20.00 (-1)	0.50(0)	50.00 (+1)
23	25.00(0)	0.50(0)	50.00 (+1)
24	30.00 (+1)	0.50(0)	50.00 (+1)
25	20.00 (-1)	1.00 (+1)	50.00 (+1)
26	25.00(0)	1.00 (+1)	50.00 (+1)
27	30.00 (+1)	1.00(+1)	50.00 (+1)

Table 1. Actual and coded () experimental points using a 3-level factorial design for the deacidification of M.citrifolia extract using calcium carbonate (CaCO3).

Table 2. Statistical analysis of models representing the response surface of pH, titratable acidity, turbidity, total polyphenol content and total soluble solids during the deacidification of *M. citrifolia* extract using calcium carbonate (CaCO₂).

Desmenser	Madalaimifaanaa	R ²	Look of 64 Tor
Responses	Model significance	K-	Lack-of-fit Tes
pH value	<0.0001*	0.9860	0.8753
Titratable acidity	<0.0001*	0.7609	0.0517
Turbidity	<0.0001*	0.9164	0.1275
Total Polyphenol Content	<0.0001*	0.2553	0.6733
Total Soluble Solids	<0.0001*	0.3690	0.3783

Table 3. Model representing the equation of pH, titratable acidity and turbidity during the deacidification of <i>M</i> .
<i>citrifolia</i> extract.

Responses	Equation	
pH value	Coded: Y = 6.18 - 7.778 x 10 ⁻³ x ₁ + 0.76 x ₂ + 0.04 x ₃ - 0.066 x ₁ ² - 0.65 x ₂ ² - 0.019 x ₃ ² - 0.048 x ₁ x ₂ - 7.5 x 10 ⁻³ x ₁ x ₃ + 0.05 x ₂ x ₃ Actual: pH = 2.82 + 0.143 X ₁ + 4.431 X ₂ + 0.061 X ₃ - 2.639 x 10 ⁻³ X ₁ ² - 2.604 X ₂ ² - 8.578 x 10 ⁻³ X ₃ ² - 0.019 X ₁ X ₂ - 1.000 x 10 ⁻³ X ₁ X ₃ + 0.067 X ₂ X ₃	
Titratable acidity	Coded: Y = 0.14 - 9.244 x 10 ⁻³ x ₁ - 0.029 x ₂ + 4.267 x 10 ⁻³ x ₃ + 3.716 x 10 ⁻³ x ₁ ² + 0.025 x ₂ ² - 0.015 x ₃ ² - 6.4 x 10 ⁻³ x ₁ x ₂ - 8.533 x 10 ⁻³ x ₂ x ₃ Actual: TA = 0.236 - 8.001 x 10 ⁻³ X ₁ - 0.066 X ₂ + 0.043 X ₃ + 1.486 x 10 ⁻⁴ X ₁ ² + 0.100 X ₂ ² - 6.882 x 10 ⁻³ X ₃ ² - 2.56 x 10 ⁻³ X ₁ X ₂ + 7.745 x 10 ⁻¹⁸ X ₁ X ₃ - 0.011 X ₂ X ₃	
Turbidity	Coded: $Y = 2.87 - 0.63 x_1 + 0.85 x_2 + 0.079 x_3 - 0.81 x_1^2 - 0.77 x_2^2 + 6.538 x_10^{-3} x_3^2 - 0.49 x_1 x_2 + 0.049 x_1 x_3 + 0.064 x_2 x_3$ Actual: Tur = -17.849 + 1.572 X ₁ + 9.464 X ₂ - 0.167 X ₃ - 0.032 X ₁ ² - 3.063 X ₂ ² + 2.906 x 10^{-3} X ₃ ² - 0.197 X ₁ X ₂ + 6.478 x 10^{-3} X ₁ X ₃ +0.086 X ₂ X ₃	

Model coefficient	рН	Titrable acidity (% citric acid, wt/vol)	Turbidity (absorbance)
b ₀	6.18	0.14	2.87
\mathbf{b}_{1}^{0}	-7.778 x 10 ⁻³	-9.244 x 10 ⁻³ *	-0.63*
$b_2^{'}$	0.76*	-0.029*	0.85*
b_3^2	0.040	4.267 x 10 ⁻³	0.079
b ₁₁	-0.033	3.716 x 10 ⁻³	-0.81*
b ₂₂	-0.65*	0.025*	-0.77*
b_{33}^{22}	-0.019	-0.015*	6.538 x 10 ⁻³
b_{12}^{33}	-0.048	-6.4 x 10 ⁻³	-0.49*
b_{13}^{12}	-0.75 x 10 ⁻³	0.00	0.049
b ₂₃	0.050	-8.533 x 10 ⁻³	0.064

 Table 4. Model coefficient for pH, titratable acidity and turbidity during the deacidification of Morinda citrifolia extract.

after the deacidification process. From Table 4, it is obvious that only b2 and b22 are significant for pH value. This shows that only the height of CaCO₂ has a significant (p<0.05) effect on pH. The value of the linear coefficient (b_2) has a positive value, where it shows that pH increased with increasing height of $CaCO_3$. At the same time, the significant (p<0.05) quadratic coefficient (b_{22}) suggests that there is a maximum point for this model. Three-dimensional plots obtained for pH are shown in Figure 1 and 2. Figure 1 shows that pH of *M. citrifolia* extract as a function of column diameter and medium height at 30 ml/min of feed rate. At fixed column diameter, pH of M. citrifolia extract increased with increasing height of CaCO₃. Increased height of CaCO₃ corresponds with an increase in the amount of CaCO₂. Sharmella et al. (2005) reported that calcium carbonate was able to decrease the level of acidity and increase the pH of *M. citrifolia* extract. Thus, a higher amount of CaCO₂ resulted in a higher value of pH. Figure 2 shows the pH of M. citrifolia extract as a function of feed rate and height of CaCO₃ using a 25 mm diameter column. At fixed feed rate, pH of M. citrifolia extract increased with increasing height of medium. The increase in pH with increasing medium height was due to the increase in the deacidifying capacity with increased amount of CaCO₃.

Titratable acidity

From Table 4, model coefficients for titratable acidity that were significant were b_1 (column diameter), b_2 (CaCO₃ height), b_{22} and b_{33} . Coefficients b_1 and b_2 (linear coefficients) showed negative values, which indicate that titratable acidity level decreased with increasing column diameter and height of

 $CaCO_3$. Figure 3 shows the titratable acidity of *M*. citrifolia extract as a function of medium height and column diameter at a feed rate of 50 ml/min. At fixed column diameter, titratable acidity of M. citrifolia extract decreased with increasing medium height. Increasing the medium height at fixed column diameter will result in an increase in the amount of $CaCO_{2}$ in the column, which subsequently increased the deacidifying capacity. Similarly at fixed medium height, increase in column diameter produced an increased amount of CaCO₂ resulting in the decrease of titratable acidity for the *M. citrifolia* extract as shown in Figure 3. Figure 4 shows the titratable acidity of M. citrifolia extract as a function of feed rate and column diameter at 0.5 cm of medium height. From Figure 4, tiratable acidity level was observed to increase with increasing feed rate up to approximately 40 ml/min. Increasing the feed rate reduced the contact time of the *M. citrifolia* extract with the ion exchange resin thus resulting in a higher titratable acidity. Nevertheless, it is not suggested to decrease the flow rate because the production of the final product may be interrupted. Figure 5 shows the titratable acidity level of M. citrifolia extract as a function of feed rate and height of medium using a 25 mm column. Titratable acidity decreased with increasing height of CaCO₃ as shown by its negative value of the linear coefficient (b₂). Increasing the height of CaCO₂ in the column subsequently increased the deacidifying capacity of the process producing lower titratable acidity values.

Turbidity

From Table 4, model coefficients that were significant for turbidity are b_1 , b_2 , b_{11} , b_{22} and b_{12} . The

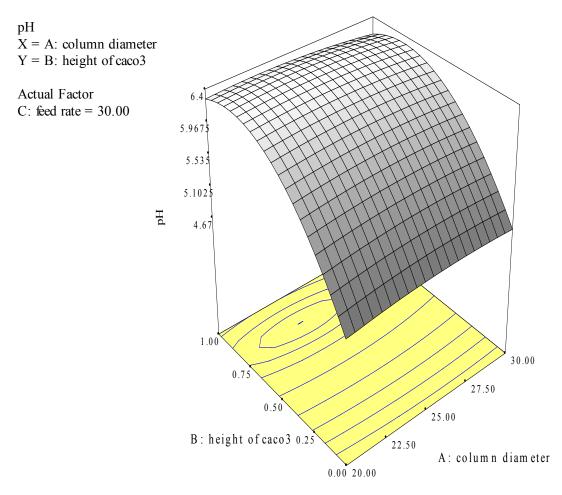


Figure 1. pH value of *M. citrifolia* extract as a function of column and height of medium using a feed rate of 30 ml/min.

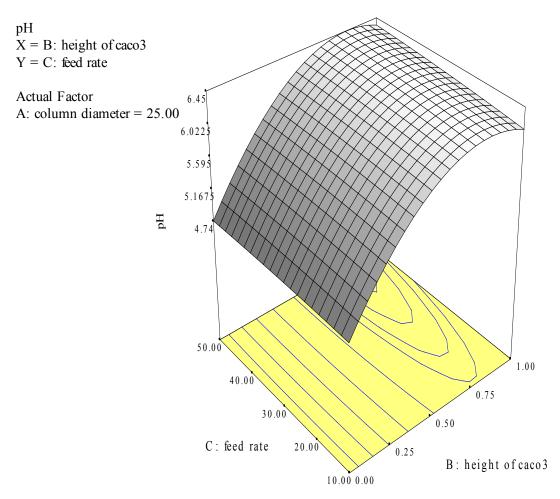


Figure 2. pH value of *M. citrifolia* extract as a function of feed rate and height of medium using 25 mm column.

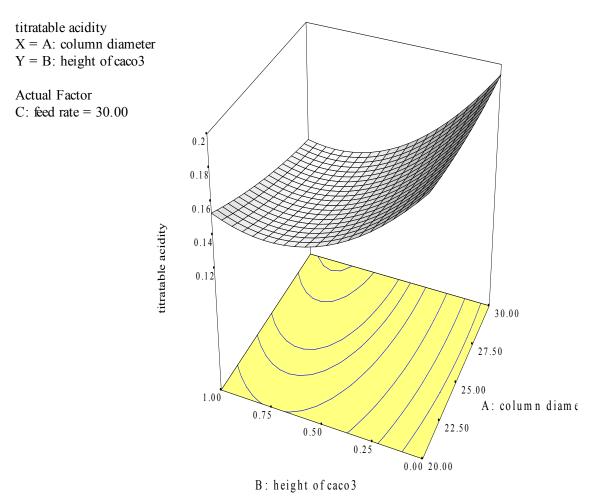
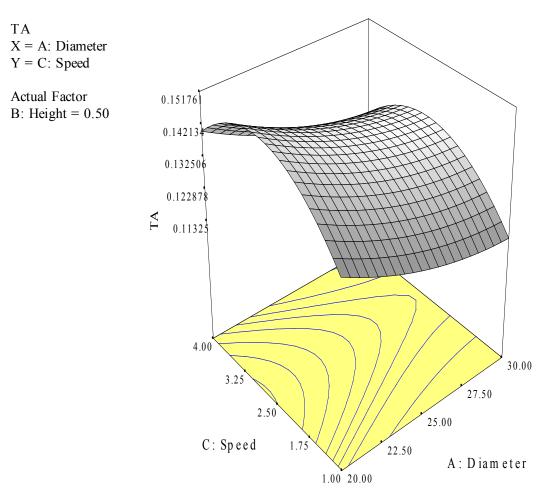
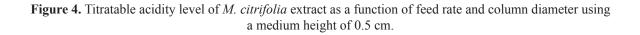


Figure 3. Titratable acidity level of mengkudu extract as a function of height of medium and column diameter using a feed rate of 50 ml/min.



DESIGN-EXPERT Plot



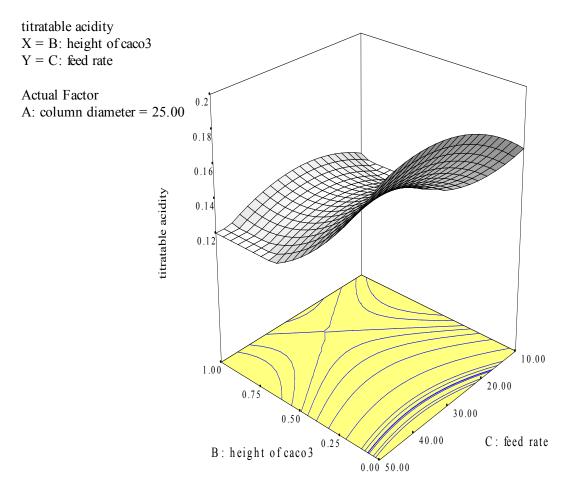


Figure 5. Titratable acidity level of *M. citrifolia* extract as a function of feed rate and height of medium using a 25 mm diameter column.

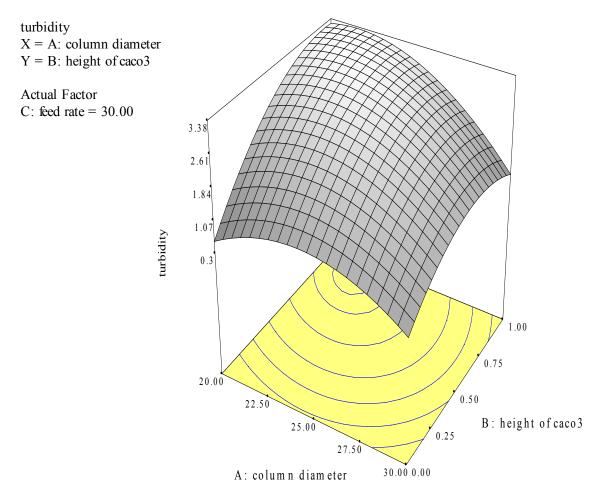


Figure 6. Turbidity of *M. citrifolia* extract as a function of medium height and column diameter at 30 ml/ min feed rate.

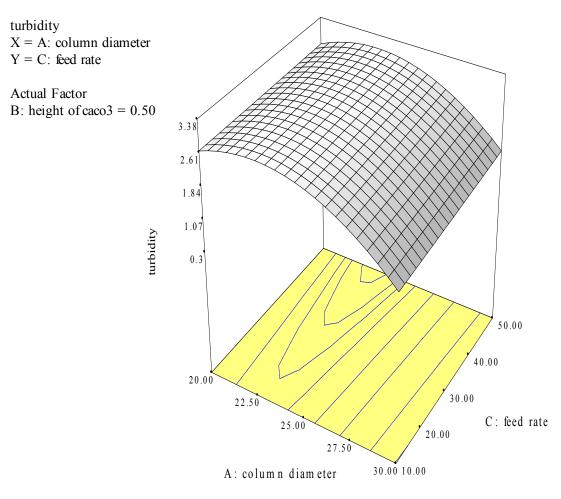


Figure 7. Turbidity of *M. citrifolia* extract as a function of feed rate and column diameter at 0.5 cm medium (CaCO₃) height.

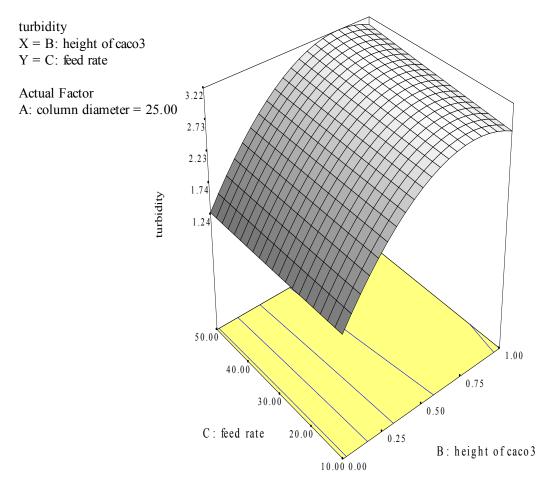


Figure 8. Turbidity of *M. citrifolia* extract as a function of pump speed and medium height using a 25 mm column.

linear coefficients for column diameter (b1) showed a negative value, which shows that turbidity level increased with decreasing column diameter. However, the linear coefficient for medium height (b_2) has a positive value which shows turbidity level increased with increasing height of CaCO₂. Three-dimensional plots obtained from the turbidity level are shown in Figure 6, 7 and 8. Figure 6 shows the turbidity level of M. citrifolia extract as a function of height of CaCO₂ and column diameter at 30 ml/min of feed rate. It was observed that turbidity value increased with decreasing column diameter and increasing medium height. This observation suggests that when the path that the *M. citrifolia* extract has to travel was further, as in the case for lower column diameter and higher medium height, turbidity was increased. Using higher column diameter and lower medium height resulted in a lower turbidity. Figure 7 shows the turbidity of M. citrifolia extract as a function of feed rate and column diameter at 0.5 cm of medium height. At fixed feed rates, turbidity decreased with increasing column diameter. Increasing the column diameter while maintaining the medium height resulted in increased amount of CaCO₃. The results suggest that turbidity of the M. citrifolia extract was influenced by the amount of CaCO₃ used. By using $CaCO_3$ and $Ca(OH)_2$, it increases the calcium content in the juice, which reached 48 and 25% respectively, compared with 1% in the passion juice that was not treated (Vera et al., 2002). However, in Figure 8 which shows the turbidity of *M. citrifolia* extract as a function of feed rate and medium height using 25 mm column, turbidity was found to increase with increasing height of CaCO₃ at fixed feed rates. Increased medium height at fixed column diameter corresponds to higher amount of CaCO₃ in the column. The time of sampling used after treatment was not constant. So, it was not so affected rather than the factors studied. The seemingly conflicting results of Figure 7 and 8 need further investigation to explain the effects of CaCO₃ amount on turbidity. It is possible that the ratio between amount of $CaCO_{2}$ and the volume of the extract may play a role in the resulting turbidity.

Optimization

Based on preliminary study, the used of $CaCO_3$ can reduce the unpleasant odors. So this study was monitored based on pH, titratable acidity and turbidity of the *M. citrifolia* extract. Based on the numerical optimization, the optimum condition for the deacidification process of *M. citrifolia* extract was determined to be at feed rate of 50 ml/min, using a 30 mm column and packed with a medium (CaCO3)

height of 1 cm.

Conclusion

From the results, only pH, titratable acidity and turbidity data were successfully fitted with mathematical models. No acceptable mathematical models were found for total polyphenol content and total soluble solid content. Thus, optimization was carried out based on pH, titratable acidity and turbidity data. By using response surface methodology, the optimum operating conditions for the deacidification of *M. citrifolia* extract was determined to be at feed rate of 50 ml/min, using a 30 mm diameter column and packed with a medium (CaCO₃) height of 1 cm.

Acknowledgement

The authors would like to thank the Ministry of Science, Technology and Innovation (MOSTI) for their financial support under the 06-01-02-SF0182 Science Fund grant.

References

- Dixon, A.R., McMillen, H. and Etkin, N.L. 1999. Ferment this: the transformation of Noni, a traditional Polynesian medicine (*Morinda citrifolia, Rubiaceae*). Ecological Botony 53: 51–68.
- Farine, J.P., Legal, L., Moreteau, B. and Le Quere, J.L. 1996. Volatile components of ripe fruits of *Morinda citrifolia* and their effects on Drosophila. Phytochemistry 41: 433–438.
- Goh, S.H., Chuah, C.H., Mok, J.S.L. and Soepadmo, E. 1995. Malaysian Medicinal Plants for the Treatment of Cardiovascular Diseases. Pelanduk Publications. ISBN 967-978-515-7.
- Kirk, R. and Sawyer, R. 1991. Pearson's Chemical Analysis of Foods. (9th Edition). Longman Scientific and Technical: Harlow, Essex, UK.
- Macris, B.J. 1975. Mechanisms of benzoic acid uptake by *Saccharomyces cerevisiae*. Applied Microbiology 30: 503-506.
- McClatchey, W. 2002. From Polynesian healers to health food stores: changing perspectives of *Morinda citrifolia* (Rubiaceae). Integral Cancer Therapy 1: 110–120.
- Morton, J.F. 1992. The ocean-going Noni, or Indian mulberry (*Morinda citrifolia*, Rubiaceae) and some of its "colourful" relatives. Ecological Botony 46: 241–256.

- Norma, H., Normah, A., Ahmad, A.W., Rohani, M.Y., Muhammad Gawas, M. and Sharizan, A. 2004. Reducing the smelly compounds (caproic, caprylic and capric acids) in noni by treating the juice with activated charcoal powder. Proceeding of the National Food Technology Seminar. p. 125-129.
- Rivera, Y.E., Valdez, E.L. and Hernandez, H.S. 2005. Characterization of a wine-like beverage obtained from sugarcane juice. World Journal of Microbiology and Biotechnology 21: 447-452.
- Shahidi, F. and Naczk, M. 1995. Food phenolics sources, chemistry, effects, and application. Lancaster Basel: Technomic Publishing Co. p. 128.
- Sharmella, U.H., Maskat, M.Y. and Osman, H. 2005. Physico-chemical properties of deacidified noni extract using calcium carbonate. Proceeding of the 8th Applied Biology Symposium 2005. p. 1-4.
- Sin, H. N., Yusof, S., Sheikh Abdul Hamid, N., and Rahman, R. A.. 2006. Optimization of enzymatic clarification of sapodilla juice using response surface methodology. Journal of Food Engineering 73: 313–319.
- Singh, Y.N., Ikahihifo, T., Panuve, M. and Slatter, C. 1984. Folk medicine in Tonga – A study on the use of herbal medicines for obstetric and gynaecological conditions and disorders. Journal of Ethnoparmacology 12: 305 – 329.
- Vera, E., Ruales, J., Dornier, M., Sandeaux, J., Sandeaux, R. & Pourcelly, G. 2002. Deacidification of the clarified passion fruit juice (*P. edulis f. jbvicarpa*). Desalination 149: 357-361.
- Vera, E. Ruales, J., Dornier, M and Sandeaux, J. 2003. Comparison of Different Methods for Deacidification of Clarified Passion Fruit Juice. Journal of Food Engineering 59: 361-367.
- Weisberg, S. 1985. Applied linear regression. New York : Wiley.